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*Race for Grace riders celebrate crossing the finish line in support of Grace Children’s Hospital in Haiti at the 2017 Hotter ‘N Hell cycling event. Please donate to support the team’s 2018 fundraising effort at [InternationalChildCare.org/raceforgrace](http://InternationalChildCare.org/raceforgrace).*

## SUPPORT THE 2018 “RACE FOR GRACE” FUNDRAISER

Each year, a team of volunteer cyclists take it to the extreme, riding in the infamous Hotter ‘n Hell 100 (HH100) to support Grace Children’s Hospital (GCH) in Haiti. Braving the blistering heat of the Texas summer, they’ll hit the road on August 25 in Wichita Falls, Tex., participating in what is considered one of the toughest extreme cycling events of the season.

In 2017, the “Race for Grace” or R4G team consisted of more than 60 riders, with the youngest just 12 and the oldest over 80. (One of the attractions of the ride is that there are multiple course distances, from 10 miles to 100 miles). Last year, the team raised approximately \$70,000 to support the lifesaving work of GCH, with total fundraising since its inception estimated at more than half a million dollars.

Please consider a donation either by mail or online at [InternationalChildCare.org/raceforgrace](http://InternationalChildCare.org/raceforgrace) to help the team with its fundraising effort.

You can participate in multiple ways, registering as a rider to participate “live” or “virtual” in the event, or helping with fundraising through sponsorships. Each rider sets a personal goal with a suggested \$1000 minimum. Consider participating ‘live’ in the HH100 event or virtually in your neighborhood, a spin class, or another cycling route of your choice.

You can also be a team sponsor, either as an individual or corporation, or host a group fundraiser through your church, work or other group.

*“...it is not how far you ride nor how fast you ride, but what matters is how much support you raise for the children.”*

*Race for Grace continued on page 2*



*Race for Grace continued from page 1*

One fun opportunity is to host a kids “Race for Grace,” organizing a tricycle event to give children a chance to participate and fundraise.

**Wheels up**

Looking for a physical challenge while also giving back to a great cause? Participating as a rider in “Race for Grace” is a life-changing experience.

Says long-time participant Jeannine Hatt, a pediatrician from Denison, Tex., “Improving my own health while improving the health and lives of children living in a country with the highest child mortality rate in our hemisphere is a ‘win-win’ situation.”

“And I encourage everyone to remember, it is not how far you ride nor how fast you ride, but what matters is how much support you raise for the children.”



*A mom and daughter jump for joy at accomplishing both their fitness and fundraising goals at the 2017 Hotter ‘N Hell 100 cycling event. Both are returning to fundraise and ride at the 2018 Race for Grace on August 25.*

For more information on how you can be a part of Race for Grace, visit [InternationalChildCare.org/raceforgrace](http://InternationalChildCare.org/raceforgrace).



 **International Child Care**  
Grace Children’s Hospital



**Join our team to support the 12th Annual Race for Grace at Hotter’N Hell 100.**

**August 25, 2018 • Wichita Falls, TX**

**For more information on how you can participate or donate, please call 940-867-3442**

Bringing health and hope to the children and families of Haiti and the Dominican Republic since 1967.

 [www.internationalchildcare.org/raceforgrace/](http://www.internationalchildcare.org/raceforgrace/)



## CPR AND AED TRAINING EXTENDED TO OUTLYING HAITIAN COMMUNITIES

Education is a focal point at Grace Children's Hospital (GCH), with U.S. health care professionals regularly traveling to Port-au-Prince and surrounding Haitian communities to teach the skills of high-quality cardiopulmonary resuscitation (CPR). This training includes responding to victims of all ages using the latest American Heart Association concepts and guidelines. In March, nurses from the North Texas Conference United Methodist Women visited GCH to provide an instructor's class in CPR. Becky Baird, MS, RN-BC, CMSRN, CNE, Charla Edwards, MPH, RN and Ellen Palmer, PhD, RN, trained five new instructors on how to conduct classes in CPR for health care promoters and for the general community. Four of the new instructors work at GCH and two are nurses from King's Hospital. After receiving their training, the instructors then provided a training class for GCH staff members and clinical students assigned to GCH for their rotation in pediatrics.

All of the classes were held in the GCH Simulation Lab (Sim-Lab). Participants learned how to recognize the signs of someone needing CPR, how to perform high-quality CPR and how to provide effective breathing by using a barrier device. The use of the automated external defibrillator (AED) was included. There are two AEDs installed at GCH, which is a leader in the training of the use of an AED. Both staff and students need to be prepared to use them in an emergency. The training placed an emphasis on the importance of the early use of an AED in an unresponsive victim.

Generous donations from United Methodist Women have supported the SimLab through the purchase of Laerdal® CPR manikins. Manikins enable participants to safely practice CPR and how to respond to a choking victim, including an infant. During the March training, the nursing team with one instructor from GCH transported the "traveling manikins" to teach 19 health care agents in Jolitru, an ICC clinic under the medical direction of Dr. Laudie Médard Durosier. Jolitru is a very small village located in the North Department of Haiti, close to Cap Haitien. All of the participants walked miles to get to the training site at Jolitru.

Dr. Palmer explained that "we spent most of the day with the Jolitru staff, and then the school children were very curious about what was going on. We even pulled in some of the fathers to perform CPR." The next day the team trained 24 staff at the hospital in Grande-Rivière-du-Nord which has a relationship with GCH.

"Now they are more prepared to take care of a choking child," explained Baird. "They are able to understand why someone might pass out from heat exhaustion and dehydration." She



*Students use Laerdal manikins to safely practice CPR. Dr. Ellen Palmer works with health care agents in Jolitru to learn how to take care of a choking child.*

added that "one health care promoter was at least 80 years old with years of experience and was an example for the other students to attend the class and expand their knowledge." She stressed that "teaching how to quickly intervene with CPR skills could save a life," especially in outlying areas where access to care is limited.

In July, Dr. Palmer and Baird returned again to Haiti to continue their training efforts.

What can others do to help support their efforts? "Be a part of this effort and help with donations to teach more classes," explained Dr. Palmer. "A class of eight students costs approximately \$40 or \$5 per student. The more we can help people in Haiti know what to do in an emergency, the more lives will be saved."



**MESSAGE FROM THE BOARD OF DIRECTORS**

Greetings and welcome to the summer edition of the International Child Care (ICC) newsletter. In this edition we have much to share on the work underway to bring health and wholeness to the children and families of Haiti and the Dominican Republic. In this issue, you'll learn about the scope and impact of services offered by ICC and Grace Children's Hospital, including data on clinic visits for infants, children, and adults; diagnosis and treatment of TB and HIV; and, community-based care such as that delivered outside the hospital by our birth attendants.

We're also highlighting an educational program at Grace where nurse-instructors teach other nurses and health promoters from the community on skills necessary to administer cardiopulmonary resuscitation (CPR) to children and adults, utilizing Laerdal manikins in a simulated clinical setting.

In addition, we are excited to update you on Race for Grace, our primary fundraising event. R4G offers you an opportunity to support the work at Grace by participating in a fun cycling event along with other riders or offering a donation to support the team. With temperatures in Texas soaring above 100 degrees already this year, the team appreciates your support to meet both their endurance and fundraising goals. Visit [InternationalChildCare.org/raceforgrace](http://InternationalChildCare.org/raceforgrace) to learn more on how you can help.

Finally, please accept my sincere thanks as ICC continues to grow, transitioning to our new location in Ann Arbor, Mich., while reevaluating our operational model. Since last Fall, the Board, which consists of 14 individuals, has become much more engaged in the day-to-day operations of ICC-USA and we have been successful in reducing expenses dramatically. This has enabled us to send more of every donated dollar to the field, providing a stronger impact. Thank you for your continued confidence! We invite you to join us in our excitement on the essential and successful work that is being done by ICC and Grace Children's Hospital, and we welcome and greatly appreciate your involvement and support!

Sincerely,  
Scott Hoyer, M.D.  
Chair, Board of Directors International Child Care-USA

GCH Statistics Report April- June 2018	
Patients seen in outpatient clinics	25,071
Patients tested for HIV	1,514
Patients tested for syphilis	1,514
Laboratory tests done	22,871
Radiography	1,871
Children vaccinated	3,991
Number of education sessions	1,469
Number of participants	24,801
Conducted home visits	3,064
Number of weighed children	6,001

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**Advance:**  
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Integrated Community Health: 418847

